

Prevention

The district shall establish a prevention program designed to prevent or delay the onset of alcohol, tobacco, and other substance use by students. The components of the program shall include:

1. A sequential K-12 prevention curriculum that provides for:
 - accurate and age appropriate information about alcohol, tobacco, and other substances, including the physical, psychological, and social consequences for their use and abuse.
 - information about the relationship of alcohol and other substance use and abuse to other health compromising behaviors such as AIDS, teenage pregnancy, eating disorders, child abuse, suicide, and dropping out of school.
 - helping students develop appropriate life skills to resist the use of alcohol and other substances and to promote healthy life-styles.
 - helping students identify personal risk factors for alcohol and other substance use and abuse and the steps needed for risk reduction.
 - helping students develop a positive self-concept.
 - helping students identify when they are under stress and how to manage or reduce stress through non-chemical means.
2. Training school staff and parents or guardians to use the information and skills necessary to reinforce the components of this policy in the home, school, and community.
3. Community education about the issues of alcohol, tobacco, and other substance use and abuse as a basis for providing a consistent message to district youth.
4. Positive alternatives to alcohol and other substance use and abuse, such as peer leadership programs, services projects, and recreational and extracurricular activities. Such activities will be planned collaboratively by students, school staff, parents, community members and agencies.

Intervention

The intent of intervention programming is to eliminate any existing use and abuse of alcohol and other substances, and to identify and provide supportive services to K-12 grade students at high risk for such use and abuse. The components of such programming shall include:

1. providing alcohol and other substance use and abuse assessment and counseling services for students.
2. developing a referral process between the district and community providers.
3. identifying and referring students to appropriate agencies when their use and abuse of alcohol and/or other substances requires counseling and/or treatment.
4. providing services to students in or returning from treatment to assure that the school environment supports the process of recovery initiated in the treatment program.
5. providing individual, group and family counseling targeted at students at high risk for alcohol and/or other substance use and abuse.
6. educating parents on when and how to access the district's intervention services.
7. ensuring confidentiality as required by federal and state law.

Disciplinary Measures

Discipline measures for students found to have used or to be using, in possession of, or distributing alcohol and/or other substances and for students possessing drug paraphernalia are outlined in the district policy Code of Conduct, which is coded 5300. Similar disciplinary measures for district staff are outlined in the district policy on a drug-free workplace, which is coded 9320 and 9320-R.

Staff Development

The Board of Education recognizes that if the administrative, instructional, and non-instructional staff are to be responsible for understanding, implementing, and modeling the district's policy and regulations on student drug and alcohol abuse, they must be trained about the components of an effective alcohol and other substance abuse prevention program. Staff training will be an ongoing process including the following:

1. For all staff:
 - (a) an understanding of why individuals use and abuse alcohol and other substances.
 - (b) their role in implementing this policy, including how to identify students who exhibit high risk behaviors or who are using and abusing alcohol and other substances, and how to refer these students to the appropriate services established by this policy.

- (c) awareness of personal risk factors for alcohol and other substance use and abuse so that they may identify personal use and abuse problems and seek assistance.
 - (d) awareness of the special needs of students returning from treatment.
2. Additionally for teachers: the knowledge and skills necessary to implement the district's K-12 alcohol and other substance abuse prevention curricula.
 3. For intervention staff: appropriate staff training for those identified to carry out the intervention function to assure that their assessment, individual, family, and group counseling and referral skills support the needs of high risk, using and abusing youth.

Implementation, Dissemination and Monitoring

The Superintendent of Schools shall direct the staff to collaborate with parents, students, community members, organizations and agencies, including alcohol and other substance abuse service providers, in developing the specific programs and strategies necessary to implement Board policy.

The Superintendent of Schools is also responsible for providing the Board with an annual review of this policy and regulations, the programs and strategies implementing it, and his recommendations for revisions.